

# MASO 1995 (No Photos!)

## MALAYSIAN SOCIETY FOR THE STUDY OF OBESITY

*1st Scientific Meeting on Obesity, April 29-30, 1995  
The Legend Hotel, Jalan Putra, Kuala Lumpur*

### OPENING PROGRAMME

DAY 1, SATURDAY APRIL 29, 1995

0730 - 0830	Registration
0830 - 0845	Arrival of Guests
0845 - 0900	Arrival of Guest of Honour
0900 - 0910	Welcome address by Organising Chairman
0910 - 0920	Official opening and speech by Guest of Honour <b>Minister of Youth &amp; Sports</b> <b>Encik Abdul Ghani</b>
0920 - 0925	Presentation of souvenir from MASSO to Minister
0925	Visit booth Coffee break Press presentation
0930 - 1000	Morning Tea

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### GALA DINNER PROGRAMME

7.30 - 8.00 p.m.	Arrival of Guests
8.00 - 8.10 p.m.	Speech by MASSO President
8.10	a) Dinner served with grand presentation of 1st course b) Clark Hatch performance c) Band "The Evergreen" entertains guests during dinner d) Clark Hatch final number after 5th course

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## PROGRAMME

### DAY 1, SATURDAY APRIL 29, 1995

- 0730 - 0830 Registration of Participants
- 0830 - 0845 Arrival of Guests
- 0850 - 0900 Arrival of Guest of Honour
- 0900 - 0910 Opening Speech by Organising Chairman
- 0910 Speech & Official Opening by Guest of Honour
- 0930 - 1000 Coffee Break
- 1000 - 1045 **PLENARY LECTURE I**  
*Obesity : Defining the problem*  
Chairman : Dato' Dr. Ismail Merican, HKL  
Speaker : Prof. Harvey G. Anderson, Canada
- 1045 - 1200 **SYMPOSIUM I**  
*Obesity : Is it a problem in the Asia-Pacific Region?*  
Chairman : Prof. Ismail Noor, UKM KL  
Speakers : Prof. Dato' Khalid Kadir, UKM KL  
*An Overview*  
Assoc. Prof. Wan Mohamad, USM KB  
*Malaysian Perspective*  
Dr. Uma Rajan, Singapore  
*Singaporean Perspective*
- 1200 - 1400 Meet the Experts - Scientific/Clinical Panel  
Lunch
- 1400 - 1445 **PLENARY LECTURE II**  
*Eating Behaviour and the Pathogenesis of Obesity*  
Chairman : Prof. Kasmini Kassim, UKM KL  
Speaker : Prof. John Blundell, UK
- 1445 - 1600 **SYMPOSIUM II**  
*Food and Obesity*  
Chairman : Puan Zahara Merican, MIFT  
Speakers : Assoc. Prof. Fatimah Arshad, UKM KL  
*Misconception of Body Image*  
Prof. Ismail Noor, UKM KL  
*Energy Intake and Energy Expenditure of the Obese*  
Dr. Abdul Dulloo, Switzerland  
*Dietary fats & obesity : the "MCT factor"*
- 1600 - 1615 Afternoon Tea
- 1615 - 1700 **PLENARY LECTURE III**  
*Physical Activity & Obesity*  
Chairman : Encik Sheikh Kamaruddin, UPM Selangor  
Speaker : Dr. Noordin Darus, KL

0900 - 0945

**PLENARY LECTURE IV**

*Hurdles and hopes in the management of human obesity*

Chairman : Dr. Arlene Ngan, SJMC KL

Speaker : Dr. Abdul Dulloo, Switzerland

0945 - 1015

Coffee Break

1015 - 1130

**SYMPOSIUM III**

*Management of Obesity*

Chairman : Prof. Dato Khalid Kadir, UKM KL

Speakers : Prof. Kasmini Kassim, UKM KL

*Behaviour Modification*

Prof. Cheah Jin Seng, NUH Singapore

*Pharmacological treatment*

Dr. Jasmi Ali Yaakub, UKM KL

*Surgical Intervention*

Dr Uma Rajan, Singapore

*Childhood Obesity*

1130 - 1300

**SYMPOSIUM IV**

*Obesity & Related Diseases*

Chairman : Prof. Mustaffa Embong, USM KB

Speakers : Dato Dr Robayaah Zambahari, LTN KL

*Cardiovascular Disease*

Dr. Wang Kuo Weng, GH Singapore

*Diabetes*

Mr. Easaw Thomas, GH KL

*Musculo-skeletal problems*

Dr Aziah Ahmad Mahayiddin, IR KL

*Respiratory problems and others*

1300 - 1400

Lunch

1400 - 1545

**SATELLITE SYMPOSIUM**

**From Disturbed Eating Patterns to Obesity**

**A New and Selective Therapeutic Approach**

Chairman : Prof. Dato Mustaffa Embong, USM KB

Prof. Dato Khalid Kadir, UKM KL

Speakers : Prof. Cheah Jin Seng, NUH Singapore

*Why treat obesity?*

Prof John Blundell, UK

*How Disturbed Eating Patterns lead to obesity*

*A New Perspective for Therapy*

Dr Clive Cockram, Hong Kong

*Clinical profile of ADIFAX*

*in the Management of Obese Patients*